

#### **DINABANDHU ANDREWS COLLEGE**

NAAC Accredited (Government Sponsored) Estd. 1956

Ref. No	Date

#### NAME OF THE COLLEGE/ INSTITUTION- Tarakeswar

Degree College

#### **DATE OF MOU-** 10/11/2022

<u>PURPOSE OF MOU-</u> Both the Parties are pleased to enter upon an agreement to establish ties of academic cooperation in order to contribute to the achievement of their overall goals as institutions through following but not limited to:

- 1. Joint teaching and research projects.
- 2. Visit, training and exchange of faculty, staff and students
- 3. Joint educational/vocational courses.
- 4. Special short term academic programme an workshops.
- 5. Co-hosting and participation in conferences, seminars.

**ACTIVITIES-** Seminar & Faculty Exchange Programme



### DINABANDHU ANDREWS COLLEGE **COLLABORATION WITH**



#### TARAKESWAR DEGREE COLLEGE

TARAKESWAR, HOOGHLY, PIN 712-410

EVENTTITLE: Ohe day Seminar on Impact of Phosphate Solubilizing
Bacteria on the Spowth of Plant.

DATE: 2 / 2 / 2023. VENUE: Tarakeswar Degree College.

STUDENTS ATTEMPORATE ATTEMPORATE

#### STUDENTS ATTENDANCE SHEET

SL NO.	NAME/SIGNATURE OF THE STUDENTS	SL NO.	NAME/ SIGNATURE OF THE STUDENTS
1.	Pouyanka Modak	16.	Borsha Das
2.	Saheli Murmu	17.	Aroghya Chakroaboroty.
3	Rikta Makhal.	18.	Pritam Sahana.
4.	Laxmi Rani Bog	19	Munmun Gebogh
5.	Manal Santra	20	chande Pakhera (Roy)
6.	Deep Baneripe	21,	Harather Inde.
7.	Sitan Bhre.	22.	Sajay Surradhar
8.	Rinku Bag	23.	Robaida Khalin.
9.	Rinku Bag Rebeka Parvin	24	Palaky Kr. Dun
10.	Pritha Hait	25	Dubakar Manna
11.	Bristy Dhole		Japan K. Glash
12.	Rachana Manna	-	Sasara Sekhar Bura
13.	Ampita Pomel	28	Amil-Glush
14.	Subhra Routh	29	
15.	Rema Dhara	30	Anoromit Patre.













#### TARAKESWAR DEGREE COLLEGE

Tarakeswar, Hooghly Pin- 712410

E-mail: principal@tarakeswardegreecollege.org
Website: https://www.tarakeswardegreecollege.org/



#### DINABANDHU ANDREWS COLLEGE 54, Raja S.C. Mallick Road, Baishnabghata,

Kolkata – 700084 E-mail: dacprincipal@gmail.com Website: https://www.dacollege.org/

#### FACULTY EXCHANGE PROGRAMME

Between Tarakeswar Degree College and Dinabandhu Andrews
College Under Memorandum of Understanding (MOU) Dated: 2.2-2023

1.	Name of the Faculty Member	DR. TANMAY GHOSH.
2.	Name of the Department	DEPARTMENT OF BOTANY.
3.	Name of the College of the Faculty  Member	Dinatomahu Androws College.
4.	Date of Faculty Exchange Programme	2.2.23.
5.	Type of Lecture (Tick any one)	Discipline Specific Inter Disciplinary  Multi-Disciplinary
6.	If Inter Disciplinary or Multi-Disciplinary mention the conducted Department	Department of Geography Department & Botany
7.	Name of the Topic	Impact of Phosphate Solubilizing Bactebia on the abouth of Plant.
8.	Number of Students attended the lecture	摆- 30.
9.	Feedback from the faculty member about the programme	Excellent.

u Januka Chosh Ry

Signature of the Principal / of the Host College

Teacher in Charge Tarakeswar Degree College Thom. 2.2.23.

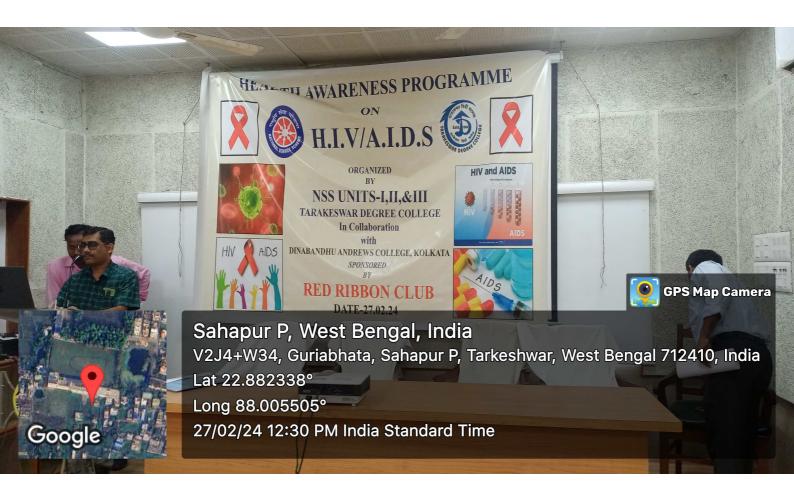
Signature of the faculty Member participating in the Faculty Exchange Programmer

02.02.2023

Signature of the IQAC Coordinator/ IQAC member of the Host College

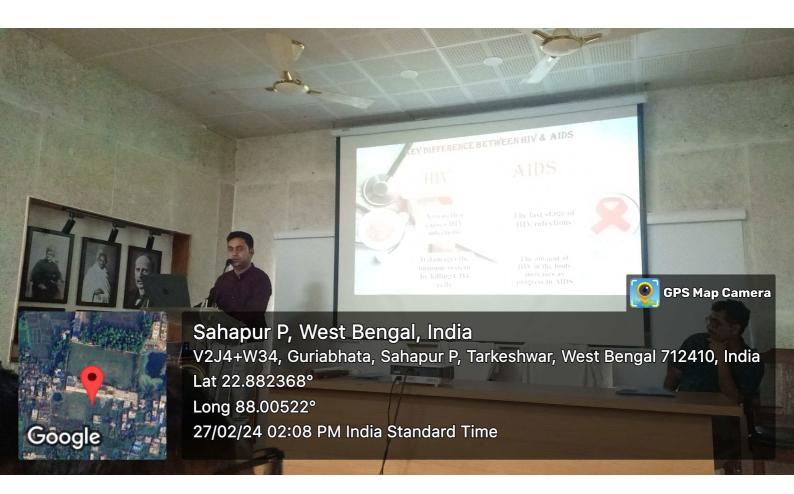




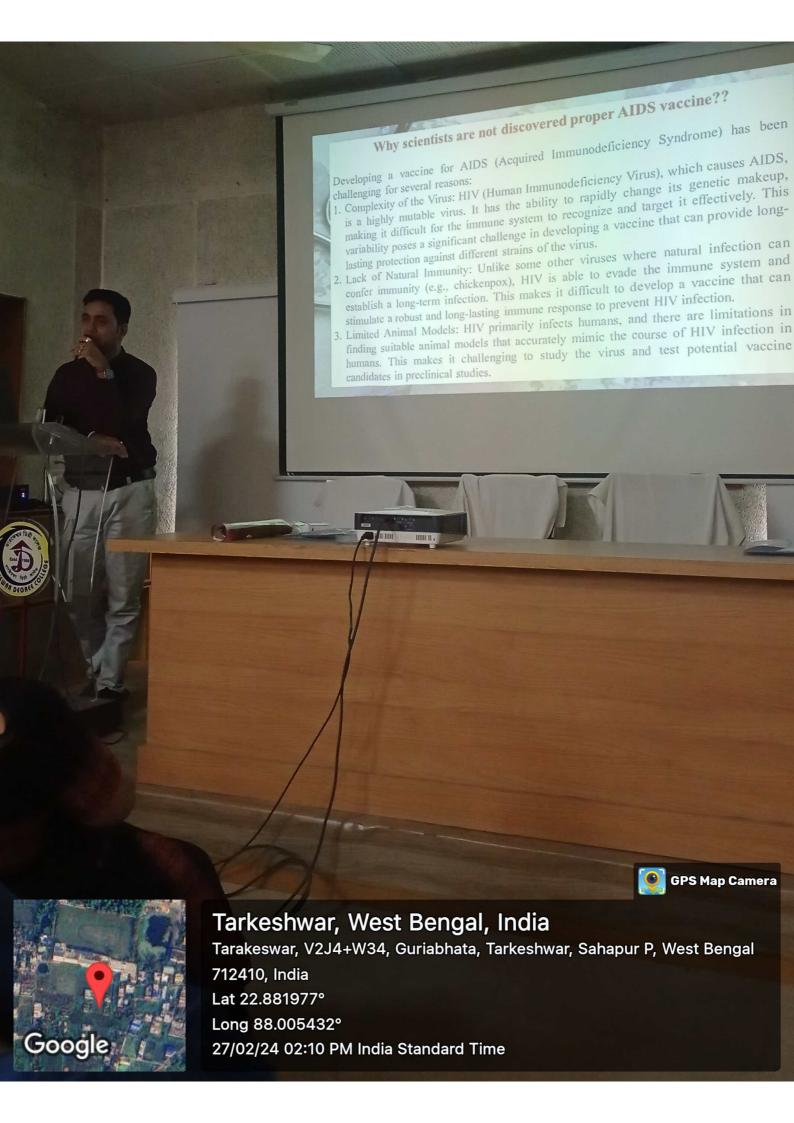












### ONE DAY WORKSHOP ON HEALTH AWARENESS AMONG YOUTH

# ORGANIZED BY NSS UNIT OF TARAKESWAR DEGREE COLLEGE IN COLLABORATION WITH DINABANDHU ANDREWS COLLEGE

**OBJECTIVES OF THE PROGRAMME:** The objectives of a Youth Health Awareness Workshop typically include:

- 1.Promoting Healthy Lifestyle Choices: Encouraging participants to adopt habits such as regular exercise, balanced nutrition, adequate sleep, and avoidance of harmful substances.
- 2. Educating About Common Health Issues: Providing information on prevalent health issues affecting youth, including mental health, sexual health, substance abuse, and nutrition.
- 3.Fostering Awareness of Mental Health and Well-being: Raising awareness about mental health issues, reducing stigma, and promoting strategies for maintaining mental well-being.
- 4. Encouraging Preventive Healthcare Practices: Emphasizing the importance of preventive measures such as regular check-ups, vaccinations, and screenings for early detection of health problems.
- 5.Empowering Participants: Equipping young people with knowledge and skills to make informed decisions about their health, seek help when needed, and advocate for their own well-being.
- 6.Providing Resources and Support: Offering information about available healthcare services, counseling centers, hotlines, and community resources to support participants in accessing healthcare and mental health support.

By addressing these objectives, the workshop aims to empower youth with the tools they need to prioritize their health and well-being, make positive choices, and navigate healthcare systems effectively.

- **OUTCOMES OF THE PROGRAMME:** The outcomes of a Youth Health Awareness Workshop can vary, but they often include:
- 1.Increased Knowledge: Participants gain a better understanding of various health issues affecting youth, including physical, mental, and social aspects.
- 2.Improved Awareness: Increased awareness of healthy lifestyle choices, preventive healthcare practices, and available resources for accessing healthcare services and support.
- 3.Behavioral Changes: Participants may be more likely to adopt healthier habits, such as regular exercise, balanced nutrition, and seeking help for mental health concerns.
- 4.Reduced Stigma: Decreased stigma surrounding mental health issues, leading to more open discussions and greater acceptance of seeking help for mental health concerns.
- 5.Empowerment: Participants feel empowered to take charge of their health and well-being, make informed decisions, and advocate for their own health needs.
- 6. Community Engagement: The workshop may inspire participants to become advocates for health within their communities, spreading awareness and promoting positive health behaviors among their peers. Overall, the workshop aims to equip young individuals with the knowledge, skills, and resources to lead healthier lives and contribute to the well-being of their communities.

























# DINABANDHU ANDREWS COLLEGE &

### TARAKESWAR DEGREE COLLEGE

ONE DAY WORKSHOP

ON

HEALTH AWARENESS AMONG YOUTH DATE-30.04.2024 TIME: 12.00 TO 2.00 P.M Organised By N.S.S & CAMPUS DEVELOPMENT COMMITTEE

Attendance Sheet

SL.NO	NAME OF STUDENT	YEAR/SEM.	NSS VOLUNTEER	OTHER STUDENTS
1)	Sneha Pal	4th SEM	#V	×
3)	Ratiashnee Santina	4th sem		
3)	Momadilla Ghosh	4th sem		
4)	Pripaka Singh	4th Som		
-2	Sobha Samonda	2 nd Sen		
60)	Samualti Samanta	and tem	~	
10	Alithi Thakuk Swanamita Sankan Dipika Dag	2nd 500	-	
81	Swaramila Sankan	2nd Sem		-
2)	Dipika Das	and sem		
107	Shneya Day	2nd Sem	-	
113	Sheha Modi	and sem	~	
123	Joyasi Wheto	1st som		
150	Pritam Dey	Ist seen	-	
(4)	Suppoder bomal	1 St Cem	1	
15)	Toward Bloom	1 st Cem	~	W
160	Estern Shee	151 gem		
(3)	Tulm Matie	Listisem	4	
tio:	Mash Make			
19)	Kailash Dis	1stsem		X

Signature of Programme Officer

NSS-UNIT-LIFATE

# DINABANDHU ANDREWS COLLEGE &

#### TARAKESWAR DEGREE COLLEGE

ONE DAY WORKSHOP

ON

HEALTH AWARENESS AMONG YOUTH DATE-30.04.2024 TIME: 12.00 TO 2.00 P.M

# Organised By N.S.S & CAMPUS DEVELOPMENT COMMITTEE Attendance Sheet

SLNO	NAME OF STUDENT	YEAR/SEM.	NSS VOLUNTEER	OTHER STUDENTS
20	souviek shee	1 sem		
4.	Subbasit & amanta	19-8cm		
22.	Deep Paul	445cm		
23.	Lawrence Narayan Theory	Jodese		
24.	Swarthick chatterijee	sh sem		
25.	Sogan Bas	64h-2000		
26.	Swarps Shee	6 th Sen		
27.	Sowmyadeef Beto	6th Bem		
28-	Sangita Bhaz	2nd Sem		
29.		2 nd sam		
30.	Alsona Khation	6th SEM		
31.	Anisha Khodun	6th Som		
32.	Astya Khalen	6th Sem		
33.	Prili Das	6th Bem		
34.	Payel Jana	151 Sem		
35.	1.000	1st sem		
36-	Krishna Santna	157 5em		
37	Jasoshhi Sontra	157 Som		
38.	Abhigit pand.	15t Sen		

Signature of Programme Officer

NSS UNIT-LII &III

### DINABANDHU ANDREWS COLLEGE &

#### TARAKESWAR DEGREE COLLEGE

ONE DAY WORKSHOP

ON

HEALTH AWARENESS AMONG YOUTH DATE-30.04.2024 TIME: 12.00 TO 2.00 P.M

Organised By

N.S.S & CAMPUS DEVELOPMENT COMMITTEE

Attendance Sheet

SL.NO	NAME OF STUDENT	YEAR/SEM.	NSS VOLUNTEER	OTHER STUDENTS
39	Armen Su (Program oft	A) IL UHIT	TX	Tenens
40	Bitcher Thornic			
50	Assar Samereta			~
51	Adhiti Zaha			~
523	Dersit Gheth	2 sem		V
537	Khokam Halder			
54)	Muthur Bhumes			
55>	Khushi Mandal.	2 sem		
567	Notigo khatun	asen		
57>	Pritam Sahana (Student of Dinaba	Mu 6 Sem		
58.	Pritam Sahana (Student of Dinaba Anglya Chaknaborry Sydent of Mirano C	196) 10	~	
59.			· Dinaborohu	Andrews Idlega
60.	Surve Sarton	0		Andrews (dlage
64		esc Fref.	TEC	T-enchan-
62.	Pintu Shen	Aref Prof	T.0 C.	Teacher,
63.	Arundhat. Montix (Ray)	Associat Aug	The	TIC
64-	Sterila Rapa.	Acct Pour	TDC	Thacher
65.	St yamul (P.O)	Asst ford.	TDC	Teacher

Signature of Programme Officer