



DINABANDHU ANDREWS COLLEGE



**CERTIFICATE COURSE ON PHILOSOPHICAL APPLICATION
AND WELL-BEING**

Offered by Department of Philosophy

Dinabandhu Andrews College

Garia, Kolkata- 84

Bhattacharya Dik

DINABANDHU ANDREWS COLLEGE

Certificate Course

Department of Philosophy

TITLE: PHILOSOPHICAL APPLICATION AND WELL-BEING

OBJECTIVE: This Certificate Course of the Department of Philosophy aims at an integral development of students. This philosophical discipline, aims at equipping students to familiarize themselves with the development of systematic thinking that had been bequeathed to humanity. The study of philosophy enhances a person's problem-solving capacities. It helps us to analyze concepts, definitions, arguments, and problems. It contributes to our capacity to organize ideas and issues, to deal with questions of value, and to extract what is essential from large quantities of information.

Course Duration: 30 Hours, 5hrs a week, 6 week course.

Teachers: Faculty of the Department of Philosophy, Dinabandhu Andrews College and Guest faculties if needed.

Curriculum:

Topic 1) Logical Reasoning and Philosophical Language in Everyday Life

Objective: Philosophical language and logical reasoning are interconnected aspects of philosophical inquiry. Philosophical language aims for precision in expression. Clarity in communication is crucial to avoid misunderstandings and ensure that ideas are conveyed accurately. Philosophical language is a tool for expressing intricate ideas and engaging in conceptual analysis, while logical reasoning provides the framework for constructing valid and sound arguments in the exploration of philosophical questions and problems.

Contents of Topic 1:

- a) Inductive Reasoning and Deductive Reasoning in Daily Life.
- b) Bridge connection between language and Logic.
- c) Language as Game: Language of Philosophy and Philosophy of Language
- d) Coding-Decoding and Analogical Reasoning.
- e) Fallacies concerning Reasoning.
- f) Philosophical Approaches concerning Ordinary and Artificial language, Language of Morals.

References: - 1. Philosophy of Language and Linguistics by Piotr Stalmaszczyk (ed.) De Gruyter, Boston, 2. Foundation of Analytic Philosophy, P.A. French and T.E. Uehling (eds.) MIT Press, Oxford. Introduction to Logic (9th Edition), I.M.



Copi, Blackwell Publishing, Cambridge. 3. Nyaya, Jukti o Dharma, Bimalkrishna Motilal, Ananda Publishers, Kolkata. 4. Bharatiya o Pashchatya Juktibijnana, Chowdhury o Sanyal, Joydurga Publishers, Kolkata. 6. Darshan Jignasa, Rama Prasad Das, Modern Book Agency, Kolkata. 7. Bhasha Darshan, Abdul Muhit, Oboshor Prokashona, Dhaka.

Topic 2) Political Philosophy and Society

Objective- Social and Political Philosophy is important because it deals with many of the most fundamental issues that individuals and societies can grapple with, like individual liberty, rights, justice, security and property. It is a normative pursuit related to ethics where ethics focuses on moral value of an individual's actions. Social and political philosophy is interested in values related to groups of individuals- a community, society or nation. It is important because it allows critical examining of the political decisions and policies of a society.

Contents of Topic2:

- a) Man and Society
- b) Culture and Civilization
- c) Concept of Democracy
- d) Ahimsa Theory of Mahatma Gandhi

References:- 1. Society- R. M. MacIver and C. H. Page. 2. Sociology- T.B. Bottomore. 3. Samajdarshan o Rashtra Darshan- Dr. Samarendra Bhattacharya. 4. Samajtattwa- Parimalbhushan Kar

Topic 3- Psychology and Well-Being

Objective: - If we look around ourselves, we will find that, life is a big challenge. Anxiety, discomfort, unhappiness, unrealized potential are seen all over the world. All of us try to meet these challenges in our own way. There are various types of psychotherapy used by psychotherapists to meet these challenges. So the objective of this course is to make the students aware about their own mental well-being

Contents of Topic 3:

- a) Stress-Meeting life Challenges
- b) Psychological Disorders
- c) Therapeutic Approaches
- d) Self and Personality

References: - 1. Psychology- Robert.A. Baron and Girishwar Mishra. 2. Psychology- NCERT. 3. Monoshomikkhoner ruporekha- Madhobendra Nath Mitra and Pushpa Mishra.

Topic 4-Ethical Practice

Objective: - Environmental Ethics encourages students to research and investigate how and why things happen, making their own decisions about complex environmental issues by developing and enhancing critical thinking skills. Environmental Ethics helps foster a new generation of informed

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consumers, workers, as well as policy or decision makers. The same is true for other issues of discussion. It not only helps students to understand the subject of Philosophy in deeper sense, it would also be effective for them in application of ethical principles in social issues of killing, discrimination and poverty.

Contents of Topic 4:

- a) Discrimination
- b) Killing
- c) Poverty, Affluence and Morality
- d) Environmental Ethics

References: - 1. Environmental Ethics: An Introduction to Environmental Philosophy by Des Jardins, Joseph R. 2. Practical Ethics by Peter Singer. 3. Applied Ethics by Peter Singer 4. A Companion to Applied Ethics by R. G. Frey. 5. Byaboharik Nitibidya by Samarendra Bhattacharya. 6. Byaboharik Nitibidya by Sanjeeb Ghosh.

Outcome of the course: - Philosophy in general inculcates analytic outlook thereby analyzing various situations of life. Study of logic helps to think logically and critically. The student can argue and evaluate in a constructive way. Ethical thinking introduces the moral concepts of good and bad, right and wrong. It helps to form a strong foundation of character and personality. Philosophy helps a student to develop the capacity to communicate with others, understand an issue from different perspectives and find out a rational solution. Study of philosophy helps to develop an integrated and holistic view of life and world. Proper understanding of any kind of situation through logical and rational thinking is encouraged. Proper realization of the nature of life and society develops moral consciousness that enables the students to become complete human beings and responsible citizens. Philosophy builds overall awareness regarding rights and duties towards environment. The student becomes conscious of the environmental issues and tries to take initiative towards environmental protection and sustenance. Overall, Philosophy leads to the betterment of human life, individually, socially, culturally and morally.

Evaluation Method: MCQ/Paper Presentation (making a group)

Certificate: After successful completion of the course every candidate will receive a Certificate from the concern authority.

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