

CARBON DIOXIDE TRANSPORT

In lowly organized animals with a small oxygen requirement only a small amount of CO₂ is produced as a by-product of biological oxidation. In these animals, CO₂ is kept as solution till its disposal through the respiratory surface. But in higher animals, increased amount of CO₂ is produced due to increased activity with an increased demand of oxygen. Hence an efficient transport of CO₂ to the respiratory surface facilitating its quick removal is required. The CO₂ transport takes place by the corpuscles as well as by the plasma. CO₂ is 30 times more suitable in water than oxygen. During CO₂ transport by the plasma, blood functions as buffer solution and does not allow any great fluctuations in the pH value and hence does not become acidic.

The CO₂ produced in the tissues is transported to the lungs or gills, where it is exchanged by diffusion. Little of the CO₂ is in physical solution in the plasma, but rather is largely found in reversible chemical combinations, both in plasma and in the erythrocytes.

FACTS ABOUT CO₂ TRANSPORT

1. CO₂ TENSION IN ARTERIAL BLOOD- 40 mm Hg.
2. CO₂ TENSION IN VENOUS BLOOD- 45 mm Hg.
3. ARTERIAL CO₂ CONTENT-48ml/100 ml
4. VENOUS CO₂ CONTENT-52ml/100 ml
5. So, 100 ml of blood transports 4 ml of CO₂ from the tissues

CHEMICAL FORMS IN WHICH CO₂ IS TRANSPORTED

A. TRANSPORT OF CO₂ IN THE DISSOLVED STATE

A small portion of the CO₂ is transported in the dissolved state to the lungs. Only about 0.3 milliliter of CO₂ is transported in the form of dissolved CO₂ by each 100 milliliters of blood. This is only 7% of all the CO₂ normally transported.

B. TRANSPORT OF CO₂ IN THE FORM OF BICARBONATE ION

1. This is the principal form (70%) in which CO₂ is transported.
2. CO₂ reacts with water to form H₂CO₃ which breaks down into H⁺ and HCO₃⁻. However, in plasma, the reaction is too slow to be of any importance.
3. But this reaction proceeds with much greater speed inside the RBC due to two reasons:
 - i. Presence of the enzyme carbonic anhydrase.
 - ii. Presence of Hb- a proton acceptor in tissues.
4. Dissolved CO₂ in the blood reacts with water to form carbonic acid. This reaction would occur much too slowly to be of importance were it not for the fact that inside the red blood cell is a protein enzyme called carbonic anhydrase, which catalyzes the reaction between CO₂ and water, accelerating its reaction rate about 5000-fold. Instead of requiring many seconds or minutes to occur, as is true in the plasma, the reaction occurs so rapidly in the red blood cells that it reaches almost complete equilibrium within a very small fraction of a second. This allows tremendous amounts of CO₂ to react with red blood cell water even before the blood leaves the tissue
5. In another fraction of a second, the carbonic acid formed in red blood cells (H₂CO₃) dissociates into hydrogen and bicarbonate ions (H⁺ and HCO₃⁻).
6. Most of the hydrogen ions then combine with the hemoglobin in the red blood cells because the hemoglobin protein is a powerful acid-base buffer.

7. As the reaction proceeds, there is gradual accumulation of HCO_3^- inside the RBC. Since the rise in the HCO_3^- content of red cells is much greater than in the plasma, about 70% of the HCO_3^- now comes out of the RBC into the plasma along the concentration gradient. This upsets the electrical balance of the cell interior.
8. Chloride ion (Cl^-) now moves into the RBC from the plasma to restore electroneutrality, i.e., HCO_3^- leaves the red blood cells in exchange for Cl^-
9. This is made possible by the presence of a special bicarbonate-chloride carrier protein in the red cell membrane that shuttles these 2 ions in opposite directions at rapid velocities.

Thus, the chloride content of venous red blood cells is greater than that of arterial red blood cells, a phenomenon called the **chloride shift**. The chloride shift occurs rapidly and is essentially completed in 1 second.

10. The process of movement of excess HCO_3^- in exchange of Cl^- is mediated by **Band 3**, a major membrane protein.
Note- The reversible combination of CO_2 with water in the red blood cells under the influence of carbonic anhydrase account for about 70% of the CO_2 transported from the tissues to the lungs. Thus, this means of transporting CO_2 is by far the most important of all the methods for transport. Indeed, when a carbonic anhydrase inhibitor, acetazolamide is administered to animal to block the action of carbonic anhydrase in the red blood cells, CO_2 transport from the tissues become so poor, that the tissue P CO_2 can be made to rise to 80 mm Hg instead of the normal 45 mm Hg.

C. TRANSPORT OF CO₂ IN COMBINATION WITH HEMOGLOBIN AND PLASMA PROTEIN CARBAMINOHEMOGLOBIN

1. In addition to reacting with water, CO₂ reacts directly with amine radicals of the hemoglobin molecule to form the compound carbaminohemoglobin (CO₂Hgb). This combination of CO₂ with the hemoglobin is a reversible reaction that occurs with a loose bond, so that the CO₂ is easily released into the alveoli, where the P CO₂ is lower than in the tissue capillaries.
2. A small amount of CO₂ also reacts in the same way with the plasma proteins, but this is much less significant because the quantity of these proteins is only one fourth as great as the quantity of hemoglobin.

REVERSE CHLORIDE SHIFT

1. In the lungs, the opposite sequence of reaction occurs, the hemoglobin is oxygenated.
2. HbO₂ is more acidic and releases H⁺ ions inside the RBC, which combine with HCO₃⁻ to form H₂CO₃.
3. H₂CO₃ liberates CO₂ which escapes through lungs.
4. As HCO₃⁻ inside the RBC has become low, HCO₃⁻ from the plasma now enters into RBC.
5. In exchange of this HCO₃⁻, Cl⁻ moves out from the RBC into the plasma to maintain electroneutrality. This is therefore, termed as **reverse chloride shift**.

HALDANE EFFECT

Release of oxygen in the tissues from HbO₂ with the formation of reduced Hb stimulates uptake of CO₂ by RBC. This is known as **Haldane effect**.

This is due to two reasons:

1. Deoxygenated Hb binds more CO₂ as carbaminohemoglobin.
2. Reduced hemoglobin is less acidic and therefore acts as a stronger proton acceptor. So, when oxygen is released in tissues forming reduced hemoglobin, this can mop up more H⁺ and move the reaction.

CO₂ + H₂O = H₂CO₃ = H⁺ + HCO₃⁻ in rightward direction. This leads to greater uptake of CO₂.

Thus, Haldane Effect facilitates the uptake of CO₂ in the tissues and its release in the lungs.